

Edit your video by asking

Film yourself talking on your phone. Claude cuts the pauses, adds captions timed to every word and puts graphics on screen. Then you change it by saying what you want.

WHAT IT IS

Claude does the edit, you give the orders

You never touch a timeline. You put your clip in a folder, tell Claude what you want, and it builds the edit and renders a finished video. If something is off, you say "bigger captions" or "darker background" and it makes a new version. It runs on HyperFrames, a free video tool from HeyGen that adds video skills to Claude Code.

WHAT IT DOES

Five jobs you normally do by hand

- **Cuts the pauses** and the restarts, so it sounds like one clean take.
- **Writes the captions** from your voice, timed to each word, in a style you pick.
- **Adds graphics** for your main points: titles, quotes, numbers, side panels.
- **Puts words behind you.** It cuts you out of the background so a word can sit behind your head.
- **Takes changes in plain words.** Bigger, smaller, darker, another font, another colour.

WHAT IT REPLACES

An evening in CapCut, or paying an editor

A 40-second Reel with captions and graphics usually means an hour or more in an editing app, or paying someone per video. Here the first version costs one message, and every change costs one more.

WHAT TO EXPECT

Honest about the first result

Each change is a new version that takes a few minutes to make, not a live update. Your first edit will be simpler than the one in my Reel. That one comes from a bigger system built on top of these same tools. This guide gets you a real, finished first edit.

BEFORE YOU START

Three things you need

YOU NEED	HOW TO CHECK
A Mac	This guide is written for Mac. HyperFrames also runs elsewhere, but the steps differ and we have not tested them.
Claude Code , signed in	Open Terminal (press ⌘ + Space , type Terminal, press Enter) and type claude --version . A version number means you have it. Claude Code needs a paid Claude plan.
Your video	Filmed vertically on your phone, under a minute to start. Send it to your Mac with AirDrop.

STEP 1

Install the helpers

HyperFrames needs three free programs: **Node** (version 22 or higher), **ffmpeg** and **uv**. Check first. In Terminal, type each line and press Enter. A version number means it is installed.

```
node --version
ffmpeg -version
uv --version
```

- 1 If any is missing, or Node shows a number below 22, install Homebrew. Homebrew is a free, well-known tool that lets your Mac install programs with one line of text. If you already have it, skip to 2.

```
/bin/bash -c "$(curl -fsSL
https://raw.githubusercontent.com/Homebrew/install/HEAD/install.sh)"
```

It asks for your Mac password. Nothing appears as you type. That is normal: type it and press Enter. It can take several minutes.

- 2 Install the three helpers.

```
brew install node ffmpeg uv
```

If one is already installed, Homebrew says so and moves on, or updates it.

STEP 2

Add HyperFrames to Claude Code

Type these two lines, one at a time.

```
claude plugin marketplace add heygen-com/hyperframes
```

```
claude plugin install hyperframes@hyperframes
```

The first line tells Claude Code where HyperFrames lives. The second installs it.

STEP 3

Make a folder and put your video in it

- 1 On your Desktop, make a folder called **my-edit**. Right-click the Desktop → **New Folder**.
- 2 Drag your video into it and rename it **video.mp4**, so the prompt below works as written.
An iPhone video may end in .mov. That is fine. Write video.mov in the prompt instead.
- 3 Point Terminal at the folder, then start Claude Code.

```
cd ~/Desktop/my-edit
```

```
claude
```

GOOD TO KNOW

You are installing someone else's code. HyperFrames is made by HeyGen and is open source (Apache 2.0). It can change after this guide is written. The first edit is slow to start: it downloads a speech model for the captions and a cut-out model for the words behind you. After that it is faster.

STEP 4

Paste the prompt

Copy the whole prompt, paste it into Claude Code and press Enter.

```
Edit video.mp4 in this folder with the HyperFrames skills. Keep it vertical, 9:16.
1. Cut out every pause longer than half a second and every restart, so it plays as one clean take.
2. Add captions timed to each word, big and easy to read, in the lower middle.
3. Add a graphic for each main point I make, timed to the words I say. Use only what I say. Never
invent numbers or results.
Before the final render, show me still frames and wait for my feedback.
```

Claude asks permission to run commands and create files along the way. That is expected: it is building your video. Allow the ones that stay inside your my-edit folder.

STEP 5

Change it by asking

Look at the frames and say what you want in plain words. A few you can copy:

YOU SAY	WHAT CHANGES
"Bigger captions." / "Smaller."	The caption size
"Use a bolder font."	The caption and graphic font
"Make the background darker."	A dark grade around you
"Make it black and white."	The whole picture
"Put the word EDIT behind my head at 0:02."	A big word behind you. This one is slow: a few minutes per 10 seconds.
"Use orange for every graphic."	The accent colour

Two or three rounds is normal. Then say **"Render the final video"**. You get an **output.mp4** in the folder. AirDrop it to your phone and post it.

WHAT THIS GUIDE DOES NOT COVER

The edit in my Reel goes further: a new scene for every sentence, layouts that keep changing, and a voice clean-up. That comes from my own Reels editor, built on top of these same tools.

Join the community. The link is on my profile. The full editor is in there, with the setup taught step by step.

About this guide: the install lines come from the HyperFrames page on GitHub, checked on 17 October 2026.